

Registration Form or register online...

Staff

The Krush Hitting Company has assembled one of the finest instructional camps one can find.

**Each instructor has gone through an extensive training program that ensures only the highest of quality instruction.

Please check our website for all the instructors Bio's.

History



The Krush Hitting Company was established in 2004 in Scottsdale, Arizona and has since done more than 500 camps, clinics & speaking engagements in more than 30 states.

We offer money back to any student who is not satisfied & have taught more than 10,000 athletes ...and yet to have a request for a refund.



One of the Nations most respected instructional schools is coming to you!

DON'T JUST HIT.....

... KRUSH !!!!!!!!

Take part in the sensation that is sweeping the Nation.

The **KRUSH HITTING COMPANY** is coming to **Lampasas, TX**

**Fast Pitch Softball
Total Skills Camp**
Featuring the Krush Hitting Development Program

June 21-25, 2010

@ Turner Park Field



www.fastpitchhitting.org
www.krushhittingcompany.com

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
SCHOOL _____
DOB _____
PHONE _____
EMAIL _____
PRIMARY POS _____ OTHER _____
EMGY CONTACT _____
CONTACT PHONE _____
MEDICAL INS. _____
POLICY # _____

ACKNOWLEDGEMENT OF RISK, RELEASE OF LIABILITY & AGREEMENT

I agree by participating in this baseball camp, that baseball can be a dangerous sport. I accept all risks associated with the participation in this camp, even if the risks are created by carelessness or negligence of a released party or anyone else. Risks include anything that can happen during any portion of this camp.

I fully release, discharge, and waive any claims I may have now, or in the future against released parties, even if claims are based on carelessness or negligence of the released parties. "Claims" as used in this document means all claims, demands, and legal actions, arising out of damage, injury, or death of a participant engaging in a Krush Hitting Co. camp and all sponsors or anybody else associated with the camp.

I have fully read and understand the statements made in this document. I understand and intend that this document act as the broadest and most assumption of risk, waiver, release of liability, agreement not to sue and indemnity as is permitted by the laws of the state of Arizona.

Parent/ Guardians signature _____

Date _____

Athlete's signature _____

THE EVENT

Camp Summary & Overview

The Krush Hitting Company staff has assembled one of the finest camp staff's possible. All aspects of the game will be covered.

Pitching, hitting, defense, base-running, the mental approach, functional strength training for softball and more will be covered during this week long camp.

The instruction will be exceptional as we believe this is the backbone of the Softball industry.



The Krush Hitting Company



Integrating the Art & Science of Hitting

The hitting development program...

**WE DO NOT MAKE HITTERS ROBOTS,
EACH HITTER'S SWING IS DIFFERENT!!!**

This program is based upon facts, not opinions or theories.

Program is based upon what the best hitters on the planet do.

We use the what, why, and how teaching method

- What are the physical commonalities (swing mechanics) of great hitters?
- Why do the hitters make these movements, etc.?
- How do you integrate these movements, etc. into your swing.

We present the program in a high-energy, passionate, and entertaining fashion.

We try to teach using simple terms and ideas, yet thorough.

TOPICS COVERED

The common movements of exceptional hitters (swing mechanics)

Understanding swing faults & how to fix them

How to hit off-speed pitches

High-velocity adjustments

Mental approach

Vision, tracking and pitch recognition

How to put it all together...a simple plan.



More information

Email: krushinfo@yahoo.com

Phone: 480-209-6301

Local Contact: 512.627.9665

Camp Cost

****Less than \$10 per hour****

Home Run Package...~~\$245~~,...now only \$199

- 20 hours of instruction
- Krush Camp T-shirt
- 25 page Instructional Booklet

Grand Slam Package...~~\$295~~,...now only \$239

- 20 hours of instruction
- Krush Klub Membership
- 25 page Instructional Booklet
- Krush Camp T-shirt
- Krush Hat
- Krush Dri-Fit shirt

Triple Package ... \$149

- 3 days, 12 hours of instruction
- Krush camp T-shirt
- 25 page Instructional Booklet

Camp Location

Turner Park Field

Eligible participants

8-18 year olds

Session # 1 ... 8am-noon daily

Session # 2 ... 12:30 - 4:30 daily

*Each camper will be grouped with same-age players to create safe & fun atmosphere

Misc. details

- What to bring ... check website please
- We will take breaks so bring a snack & beverage